

**ASSESSMENT OF THE TEACHING RESOURCES FOR IMPLEMENTATION OF
PHYSICAL EDUCATION CURRICULUM IN PUBLIC SECONDARY SCHOOLS
IN KISII COUNTY-KENYA**

BY

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DECLARATION

This proposal is my original work and has not been presented for a Degree in any other university.

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LIST OF ACRONYMS AND ABBREVIATIONS

AAHPHERD	- American Alliance for Health Physical Education Recreation and Dance
AHKC	- Healthy Active Kids Canada
EACEA	- Education Audiovisual and Culture Executive Agency
FPE	- Free Primary Education
FSE	- Free Secondary Education
HAKK	- Healthy Active Kids Kenya
HHS	- Department of Health and Human Services.
ISCOLE	- International Study of Childhood Obesity, Lifestyle, and the Environment
JKF	- Jomo Kenyatta Foundation
KCSE	- Kenya Certificate of Secondary Education
KICD	- Kenya Institute of Curriculum Development.
KISE	- Kenya Institute of Special Education
KNEC	- Kenya National Examination Council
KTTC	- Kenya Technical Teachers College
MEd	- Master of Education
NASPE	- National Association for Sport and Physical Education
NARC	- National Rainbow Coalition
PE	- Physical Education
SPSS	- Statistical Package for Social Sciences
TSC	- Teachers Service Commission
UNESCO	- United Nations Educational Scientific and Cultural Organization
WHO	- World Health Organization

OPERATIONAL DEFINITION OF TERMS

Curriculum: Refers to everything a student is supposed to encounter or practice during PE lessons as outlined by the Ministry of Education in Kenya.

Curriculum Implementation: Refers to the process of helping the secondary school learners acquire knowledge and experience during PE lessons

Implementation: Refers to carrying out of the prescribed PE curriculum in public secondary schools

Time-Tabling: This is the allocation of physical education lessons in the weekly school schedule of teaching or time-table.

Student Assessment: Students' assessment refers to the testing to what extent learners have learnt skills, attitudes and beliefs in physical education classes

Supplies: This refers to materials that are expendable and have to be replaced at frequent intervals e.g. shuttle corks tennis balls and football balls.

Equipment: This refers to items that are not considered expendable but are used for a period of years such as volleyball stands, soccer goals and parallel bars.

Qualified PE Teachers: Refers to teachers who have been trained to teach physical education at Diploma or Degree level

Teaching Facilities: These are permanent structures like soccer fields, netball courts, rugby pitches, and gymnasium.

Type of School: Refers to the various categories of schools, either National County or District schools.

Public School: This is a school supported and maintained by public funds.

Professional PE teacher's documents: Refers to various documents prepared and kept by the PE teacher to help in teaching, monitoring and assessment. They include:- schemes of work, lesson plans, lesson notes, record of work taught and assessment records of students. The documents are compulsory for all teachers in Kenyan public secondary schools.

ABSTRACT

The ministry of education in Kenya recognizes Physical Education (PE) as an integral part of the secondary education process as attested in the Preamble of PE syllabus for secondary schools (K.I.E 2002). The purpose of this study is to investigate the provision of teaching resources for PE in public secondary schools in Kisii County-Kenya. This is due to the fact that PE is largely a practical subject and for effective teaching, learning resources have to be availed. The study aims to find out if there are enough facilities, equipment, supplies, text books, qualified PE personnel and allocation of recommended curriculum time in school time tables to implement the secondary PE curriculum in public secondary schools in Kisii County. The study will adopt the descriptive survey design. Head teachers and PE teachers in 306 public secondary schools in the county will be the target population. Stratified and simple random samplings procedures will be used to attain a sample of 41 head teachers and 41 Physical Education teachers which represents 30% of the population for National and County schools and 10% for district schools who will be respondents in the study. A questionnaire and an observation check list will be used to collect the data from the respondents. After collecting the data it will be coded and organized for analysis using SPSS version 17.0 Descriptive statistics will be computed using charts, graphs, frequency distribution tables and percentages. The hypotheses of the study will be tested using chi-square test of significance. The study findings will be used by all stake holders involved in the development of PE (School inspectors, curriculum developers, head teachers, teachers, parents, and the academia) to ensure full implementation of the PE curriculum in Public Secondary Schools in Kenya. This will enhance correct acquisition of skills in various sports for both leisure and competitive purposes.