

Teacher training plays a major role in the overall development of Education in Kenya. This is because a teacher is a key facilitator of learning at all levels of education. One major objective of education is to produce an all round individual, an endeavor that is not possible to realize by just exposing the learner to subject based curriculum only. Sports play a major role of ensuring development of a holistic person. As such, it has been recognized as one of co-curricular activities geared at ensuring that the teacher trainee in Kenya is fully equipped with knowledge and skills in various sports that are part of Physical Education curriculum. Physical Education is a compulsory subject in primary and diploma teacher training colleges in Kenya. Often sports are seen as an avenue through which both cognitive and psychomotor skills are polished to ensure the teacher-trainee is effective and competent to teach in primary or secondary school upon graduation, and to employ the skills during athletics and ball games competitions. College sports are also used as avenues through which virtues such as integrity, discipline, honesty, and cooperation are practiced and imparted. It is also a forum where both participants and spectators are educated and sensitized on national and global issues such as HIV and AIDS, drugs and substance abuse and environmental conservation among others. The inclusion of sports for learners with special needs in Kenya teachers colleges sports competitions puts these sports at tandem with the millennium development goals and global objective on Education for All (EFA). This paper reviews the development, organization and the role played by Kenya Teachers Colleges Sports Association (KTCSA) in promoting globally accepted virtues.