

**CONTRIBUTION OF COMMUNITY-BASED SPORT ORGANIZATIONS  
TOWARDS THE ACHIEVEMENT OF SELECTED MILLENIUM  
DEVELOPMENT GOALS IN KENYA**

**BY**

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**H87/21092/010**

**A RESEARCH PROPOSAL SUBMITTED TO THE DEPARTMENT OF  
RECREATION MANAGEMENT AND EXERCISE SCIENCE IN FULFILMENT  
OF THE REQUIREMENTS FOR THE AWARD OF THE DEGREE OF DOCTOR  
OF PHILOSOPHY IN THE SCHOOL OF APPLIED HUMAN SCIENCES OF  
KENYATTA UNIVERSITY**

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## DECLARATION

This research proposal is my original work and has not been presented for a degree in this or any other university.

Sign:..........Date: 15<sup>th</sup> April 2014.....

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### Supervisors' Approval

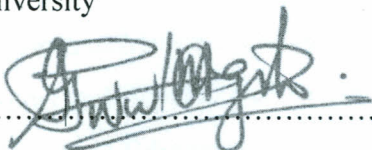
This research proposal has been submitted in its present form with our approval as university supervisors.

Signature:..........Date: 15-04-2014.....

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## ABSTRACT

Sport is increasingly being recognized as a potent tool for development. Many governments, non-governmental organizations, Community-Based Sports Organizations (CBSOs) and intergovernmental organizations have established programs for sport and development. Sport has been recognized as a viable and practical tool towards the achievement of Millennium Development Goals (MDGs) by the United Nations. The purpose of this study is therefore to examine the contribution of two purposively selected Community-Based Sport Organizations towards the realization of selected Millennium Development Goals in Kenya. The specific objectives of the study are; to determine the contribution of these two Community-Based Sport Organizations in Kenya towards eradication of extreme poverty and hunger, promoting universal education and development of global partnerships in development. It is hoped that the findings of this study will fill the existing gap by adding to the evidence based knowledge on the contribution of community-based sport programs towards the achievement of MDGs. Descriptive survey research design will be adopted. Purposive sampling will be adapted to select the two CBSO's then stratified sampling to select the athletes. Research instruments will include a questionnaire and document analysis. Questionnaires will be administered to 143 team captains of Mathare Youth Sports Association (MYSA), 69 of Moving The Goalposts (MTG), 58 officials of MYSA, 22 of MTG and 8 Head teachers of MYSA and 4 of MTG. 8 Chiefs within MYSA and 4 from MTG and one sports officer from each region. Data will be coded and organized for analysis using the Statistical Package for Social Sciences (SPSS) version 17.0. The null hypotheses will be tested using One-Way ANOVA and Chi square at 0.05 level of significance. Conclusions will be made on the contribution that community-based Sports Organizations have made towards the achievement of MDGs. Recommendations will be made on how the CBSOs can contribute to development. Further research areas will be identified to increase knowledge in the study area.