

The issue about the aetiology of malignancies on the whole remains mysterious. There have been strong suggestion that, amongst other things, certain forms of cancer may be diet related. This has led to drastic changes in food consumption patterns in some parts of the Western world. The world over, certain types of cancers have been shown to be on the increase and the changing patterns of food consumption have occasionally been blamed. This paper reviews current thoughts in the relationship between cancer and nutrition.