

**QUALITY OF LIFE FOR FAMILY CAREGIVERS TO CANCER PATIENTS IN
KENYATTA NATIONAL HOSPITAL NAIROBI CITY COUNTY, KENYA**

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AUGUST, 2022

DECLARATION

This Thesis is my original work and has not been presented for a degree in any other University or for any other award. No part of this Thesis should be produced without authority of the author and for KU.

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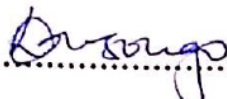
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ABSTRACT

Quality of life (QoL) among cancer patient caregivers is significantly affected by characteristics such as age, educational level, economics, and geographical setting during the care provision.

Objective: To explore the factors associated with QoL among family caregivers (FCG's) of cancer patients in Kenya.

Methodology: This was a correlational study conducted at Kenyatta National Hospital, which is the largest teaching and referral hospital in Kenya. The study enrolled 164 cancer patient family caregivers. The QoL (Family Version) was used to measure Quality of Life. Data collection was done using interviewer-administered questionnaires. A student t-test and Pearson chi-square were used to determine the association between personal, social and disease characteristics and family caregiver quality of life.

Results: The average mean score of family caregiver QoL was 55.8 (SD±10.12) percent which is lower than in other countries.

Conclusion: There was a significant association with family caregiver quality of life (QoL) and level of education, relationship to the patient, caregivers' ability to carry out normal activities, and caregiver knowledge of the stage of cancer.