

Book description

The book presents the research findings of my doctoral research which was designed to find out the conflict between traditional and modern parenting practices in Nairobi, Kenya. Data was collected using the-internalized-other technique in which students in form two in various schools in Nairobi province reported the parenting behaviors of their parents. The findings were compared with traditional parenting literature and inferences drawn. The findings indicated major shifts in parenting practices from traditional practices to modern ones. Majority of the families observe monogamous marriages, have fewer children and the number of relatives residing within the homes was relatively reduced. The research respondents reported that the mothers were involved in the female traditional roles like minding the children and taking care of the homes. Disciplinary practices have changed from the severe traditional discipline characteristic of traditional times to modern practices where spanking and other harsh disciplinary methods are now out moded. The research findings indicated that the mothers are more involved in the lives of their children than the fathers