

## **Traditional Games of Africa: Their Promotion and Institutionalization**

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### **Abstract**

Jigoro Kano developed Judo in 1882 from an ancient Japanese martial art known as Jujitsu. Later, Judo came to be the first eastern martial art to be admitted into the Olympic Games. Taekwondo followed a similar process of evolution into the Olympics with Karate and Wusu coming up very fast for promotion into the Olympics in the near future. The spirit of cultural perpetuation and cultural perpetuation and cultural identify through sports very well justifies this effort. While other Olympic Games had their origins form other parts of the world, it is high time that Africans consolidated their efforts on their own traditional games for subsequent development and inclusion into the Olympics. This paper offers a few practical suggestions towards this invaluable social cultural efforts.

### **Key words:**

Traditional games, Olympic games, Cultural identity, Cultural perpetuation