

palgrave pivot

SUSTAINABLE COMMUNITY DEVELOPMENT

Dilemma of Options in Kenya

Fuchaka Waswa,
Christine Ruth Saru Kilalo and
Dominic Mwambi Mwasaru





Sustainable Community Development

Other Palgrave Pivot titles

Giovanni Barone Adesi: **Simulating Security Returns: A Filtered Historical Simulation Approach**

Daniel Briggs and Dorina Dobre: **Culture and Immigration in Context: An Ethnography of Romanian Migrant Workers in London**

Toswell, M.J. : **Borges the Unacknowledged Medievalist**

Lack, Anthony: **Martin Heidegger on Technology, Ecology, and the Arts**

Carlos A. Scolari, Paolo Bertetti and Matthew Freeman: **Transmedia Archaeology: Storytelling in the Borderlines of Science Fiction, Comics and Pulp Magazines**

Judy Rohrer: **Queering the Biopolitics of Citizenship in the Age of Obama**

Paul Jackson and Anton Shekhovtsov: **The Post-War Anglo-American Far Right: A Special Relationship of Hate**

Elliot D. Cohen: **Technology of Oppression: Preserving Freedom and Dignity in an Age of Mass, Warrantless Surveillance**

Ilan Alon (editor): **Social Franchising**

Richard Michael O'Meara: **Governing Military Technologies in the 21st Century: Ethics and Operations**

Thomas Birtchnell and William Hoyle: **3D Printing for Development in the Global South: The 3D4D Challenge**

David Fitzgerald and David Ryan: **Obama, US Foreign Policy and the Dilemmas of Intervention**

Lars Elleström: **Media Transformation: The Transfer of Media Characteristics Among Media**

Claudio Povoletto: **The Novelist and the Archivist: Fiction and History in Alessandro Manzoni's *The Betrothed***

Gerbrand Tholen: **The Changing Nature of the Graduate Labour Market: Media, Policy and Political Discourses in the UK**

Aaron Stoller: **Knowing and Learning as Creative Action: A Reexamination of the Epistemological Foundations of Education**

Carl Packman: **Payday Lending: Global Growth of the High-Cost Credit Market**

Lisa Lau and Om Prakash Dwivedi: **Re-Orientalism and Indian Writing in English**

Chapman Rackaway: **Communicating Politics Online**

G. Douglas Atkins: **T.S. Eliot's Christmas Poems: An Essay in Writing-as-Reading and Other "Impossible Unions"**

Marsha Berry and Mark Schleser: **Mobile Media Making in an Age of Smartphones**

Isabel Harbaugh: **Smallholders and the Non-Farm Transition in Latin America**

Daniel A. Wagner (editor): **Learning and Education in Developing Countries: Research and Policy for the Post-2015 UN Development Goals**

Murat Ustaoglu and Ahmet Incekara: **Islamic Finance Alternatives for Emerging Economies: Empirical Evidence from Turkey**

palgrave▶pivot

Sustainable Community Development: Dilemma of Options in Kenya

▶ Fuchaka Waswa

Senior Lecturer, Kenyatta University, Kenya

Christine Ruth Saru Kilalo

Independent consultant, Kenya

and

Dominic Mwambi Mwasaru

Independent consultant, Kenya

palgrave
macmillan



SUSTAINABLE COMMUNITY DEVELOPMENT

Copyright © Fuchaka Waswa, Christine Ruth Saru Kilalo and Dominic Mwambi Mwasaru, 2014.

Foreword © Evans Kituyi, 2014.

All rights reserved.

First published in 2014 by
PALGRAVE MACMILLAN®

in the United States—a division of St. Martin's Press LLC,
175 Fifth Avenue, New York, NY 10010.

Where this book is distributed in the UK, Europe and the rest of the world, this is by Palgrave Macmillan, a division of Macmillan Publishers Limited, registered in England, company number 785998, of Houndmills, Basingstoke, Hampshire RG21 6XS.

Palgrave Macmillan is the global academic imprint of the above companies and has companies and representatives throughout the world.

Palgrave® and Macmillan® are registered trademarks in the United States, the United Kingdom, Europe and other countries.

ISBN: 978-1-137-49740-6 EPUB

ISBN: 978-1-137-49741-3 PDF

ISBN: 978-1-137-49739-0 Hardback

Library of Congress Cataloging-in-Publication Data is available from the Library of Congress.

A catalogue record of the book is available from the British Library.

First edition: 2014

www.palgrave.com/pivot

DOI: 10.1057/9781137497413

*To ordinary Kenyans, the “wanainchi”
The resilient rural and urban communities
Whose hard and honest labor*

and

*Whose struggle for a decent life against all odds is
admirable;*

and

*In whose hands the destiny of their families,
communities and the nation lies
May the labor of your hands bear much fruit.
And may the words in the great National Anthem;
“Justice be our shield and defender,and plenty be
found within our borders”
Be true for you, your children and generations to come.*

Contents

List of Illustrations	ix
About the Authors	xi
Foreword <i>Evans Kituyi</i>	xiii
Preface	xv
Acknowledgments	xviii
List of Abbreviations and Acronyms	xix
1 Introduction	1
1.1 Background	2
1.2 Africa's development irony	8
1.3 Poverty: from an international to a local understanding	10
1.4 Reflection questions	17
2 Development Approaches and Competing Paradigms	19
2.1 Historical perspective of main development paradigms	20
2.2 Development paradigms in the context of Kenyan history	22
2.3 Competing development approaches in Kenya	26
2.4 Participatory approach and people-centred development	39

2.5	Competing paradigms of social change	50
2.6	A social movement as the way forward	53
2.7	Reflection questions	54
3	Entry Points for Sustainable Community Development	57
3.1	Characterization of a sustainable community	58
3.2	Community institutional and leadership development	62
3.3	Community assets and resource mobilization	66
3.4	Community-Based Health Care (CBHC)	73
3.5	Emerging issues in CBHC	75
3.6	Gender and CBHC	78
3.7	Community food security and sustainable agriculture	80
3.8	Dealing with water scarcity in dryland ecosystems	92
3.9	Alternative income generation	97
3.10	Environmental dimension to community development	98
3.11	Reflection questions	106
4	Roles of Strategic Stakeholders	108
4.1	Introduction	109
4.2	Initiating and working through partnerships	118
4.3	Phasing-in and phasing-out	124
4.4	Reflection questions	126
5	Creating an Enabling Environment	128
5.1	Governance	129
5.2	Characteristics of good governance	135
5.3	The change formula	138
5.4	Reflection questions	140

6	Back to the Basics	141
6.1	Dilemma of options for community development	142
6.2	Learning from the “poor”	142
6.3	Reflection questions	147
	Glossary	148
	Bibliography	151
	Index	157