

✧ The role of sports in promoting human rights and social justice

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Abstract

In world of increasing fanaticism in both religion and sports, the followers of various religions (or members of various sects within a particular religion) tent to dismiss each

other. The religious fanatics may view sport as pagan while majority of the sporting fraternity considers the former as heretics and ascetics. It is a fact that some rituals take a physical approach although with spiritual goals while some sports require focus and meditation for other levels of training to be achieved. It is evident in international gatherings like Hajj and Olympics that religion and sports are strong forces that can transform the world in the direction of peace and unity. Integrated approach will utilize sports to promote human rights and social justice founded in religion. This paper examines how sports can be used to enhance human rights and social justice in this multi-religious age.

Key words: Sports, Religion, Human rights and Justice.