

KENYATTA UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

COMMUNITY MENTAL HEALTH SERVICE

**PROVISION AMONG DISCHARGED MENTAL PATIENTS IN
SELECTED INFORMAL SETTLEMENTS, NAIROBI COUNTY,**

KENYA

JAMES WABWILE CHEMBENI, (B.PSY COUNSELLING)

C50/PT/10163/2008

**A RESEARCH PROPOSAL SUBMITTED TO THE SCHOOL OF
HUMANITIES AND SOCIAL SCIENCES IN PARTIAL FULFILMENT
OF THE REQUIREMENTS FOR THE AWARD OF THE DEGREE OF
MASTER OF ARTS (COUNSELLING PSYCHOLOGY)
OF KENYATTA UNIVERSITY**

FEBRUARY 25, 2014

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Declaration

This proposal is my original work and has not been presented for a degree in any other university or for any other award.

Signature  ----- Date 26.02.2014

James Wabwile Chembeni, B.Psychology (Counselling)

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This proposal has been submitted for the review with our approval as University supervisors.

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ABSTRACT

Integrating mental health into primary health care (PHC), a recommendation of the World Health Organization, involves diagnosis and treatment of people with mental illness alongside general health problems and provide comprehensive care to people with mental illness in the community. However, community mental health service provision in Kenya is largely still inadequate as most mental health care remain to be centrally located in mental hospitals among them national referral and County hospitals. The main objective of the study is to determine factors affecting community mental health service provision among discharged mental patients in selected informal settlements of Mathari and Kariobangi in Nairobi County, family and community participation in the promotion of mental health services. The study is a cross sectional descriptive study that will involve non-manipulation of variables in a natural setting and will involve questionnaires, Focus group discussions (FGP). In the study samples are sampled from the health workers i.e. about 20 mental health workers, and patients attending outpatient clinic at Mathari and Kariobangi health centres of which 10% will be sampled, and the community leaders from informal settlements of Mathari Kariobangi. Data will be analysed using statistical package for social sciences (SPSS), Kruskal Wallis statistical tests of significance will be used to test significance between the variables.

1.1 Introduction

CHAPTER TWO

2.1 Literature Review

2.1.1 Introduction

2.1.2 Theoretical Framework

2.1.3 Review of related literature

2.1.4 Community mental health concept