Abstract

Leadership in sport has been studied primarily in terms of coaching-leadership and its effects on players’ performance with diverse and conflicting results. Thus the purpose of this study was to determine the coach-leadership behaviour exhibited by volleyball coaches in Africa during the 16th Africa Cup of Nations for senior women. Data was collected through a modified leadership scale for sport (LSS) from (n=14) coaches and was analyzed through student t-test and one way ANOVA, to establish whether coach-leadership behavior exhibited by coaches differed according to gender, age, level of education and level of training. Results indicated that the coach leadership behavior exhibited by the coaches did not differ significantly (p>0.5) based on gender, age, level of education and level of training. However, the younger coaches seemed to be more autocratic and socially supportive while the older coaches exhibited democratic, training and instructional behavior tendencies. It is recommended that coaches need to strengthen positive coach-leadership behavior and FIVB/CAVB to plan more effective courses on coach-leadership behaviors.