

The AIDS pandemic in Africa has wreaked pain on millions of people, particularly the youth. Beyond physical symptoms, the disease destroys the emotional and psychological well-being of its victims and their families. Although psychotherapists are desperately needed, most of those in Africa have not been given sufficient training in HIV counseling. In addition, access to specific models of healing for those traumatized by the news of infection with HIV disease is hardly available. Memory healing processes, which are essential in grief work in Africa, can be combined with ritual theory within a narrative framework to provide a model for bringing healing to clients traumatized by the news of HIV infection.