The demand for higher education has been so high such that face-to-face mode of content delivery cannot effectively accommodate all the students who want to invest in University education. This has resulted to universities looking for alternative modes of content delivery which are effective and efficient in ensuring quality. Among these modes is the External Degree Programme. It involves a degree offered by a university to students who are not required to be physically present within the geographic territory of the institution. Students may obtain the degree by passing examinations once they have reached the required standard, or by having successfully completed a programme put together from various courses or modules. This book provides an overview of factors that influence students’ enrolment in the external degree programme of University of Nairobi. Further, the book proposes recommendations to educational stakeholders on strategies to assist students’ complete their courses within the specified university timeframe. In addition, strategies to enhance external degree programmes are also recommended. This will help decongest the conventional mode while ensuring quality of higher education.