Change management is the deliberate and coordinated actions taken to transform an organization to overcome environmental challenges in order to achieve its objectives. Over the past Ten years or so, there has been the major re-organisation, restructuring and rationalisation of many issues in most organizations in Kenya. Events that occur everywhere in the world have significance impact to the national sectors either directly or indirectly. Change, though traumatic for some quarters, is indispensable and unavoidable. In most private organisations, change even if it is carried out on a small scale has a lot of impact on service delivery but viewed differently by employees who enjoy retaining their status quo. However, a review of traditional modes of management justifies the idea of adopting change practices. The purpose of this research proposal is to carry out a survey of factors that influence adoption of strategic change management practices by internet service providers companies in Kenya. Primary and secondary sources of information will be used to collect data. A set of questionnaires together with the records and recommendations from earlier researchers shall form part of the data. The findings and recommendations of this study will be beneficial to internet service providers companies and any other organization which may be planning to introduce change. It will benefit also researchers who may wish to conduct further research on change management.