

This study was a survey of guidance and counseling training programmes in some secondary schools, teachers' training institutions in Kenya. It also aimed at assessing the programmes Vis-à-Vis the problems teachers encounter from students in schools.

Data was collected from five training institutions, the guidance and counseling unit of the ministry Education Science and Technology and from teachers in seven schools in Nyeri Municipality. This was collected through questionnaires and interviews.

From results, the study found that there were training programmes in the subject in all colleges except Egerton College. These programmes were theoretical and examination oriented and is therefore inadequate in preparing teachers counselors. School programme recommended by the ministry is imbalance and does not cater for total personality development.

There is need to train counselors on specialized basis and to make both the training and school programmes relevant to situations in schools. The guidance unit should also be involved in drawing up training programmes. Research need to be conducted in teachers' interest and effectiveness and student problems in and between schools and results used to revise the guidance programmes.