In any counselling situation, the counselor/client relationship is very important in order to achieve the intended therapeutic goals both the counselor and the client must interact actively and meaningfully. It is expected that the client in such a relationship will open up and cooperate in order for his/her problem situation to be attended. On the other hand, the counselor must be able to not only reach the clients' world but his/her problem situation too. After clearly understanding the problem situation, the counselor is expected to interact with the client therapeutically, such that the client is helped. In this process of understanding the clients' problem (diagnosis) and helping the client (therapy), the client must employ a continuum of skills and techniques. It is these skills and techniques that the study intended to find out whether, first, the teacher counselor were aware of them, secondly, whether they were using them, and thirdly, how often they were using them in attending to students who sort guidance and counselling services.