Interfaith Sports for World Peace

By

Wabuyabo Issah Kweyu, B.ED and Edwin K. Wamukoya, Ph.D.
Department of Physical Education, Leisure and Sports Science
Kenyatta University

ABSTRACT

In the world of increasing fanaticism in both religion and sports, followers of various religions and members of various sects within a particular religion dismiss each other and collectively in most sportsmen and sportswomen as none serious. The religious view sport as pagan while majority of the sporting fraternity consider the former as heretics and ascetics. On the contrary, it is a fact that some rituals take a physical approach although with spiritual goals while some sports require focus and meditation when other levels of training have been achieved. It is evident in international gatherings like Hajj and Olympics that religion and sports are strong forces that can drive the world in the direction of peace and unity. This paper examines how sports can be used to enhance unity diversity in this multi-religions age.