Comparative Analysis of Physical Education and Sports in Primary and Secondary Schools in Kenya and Uganda: A Preliminary Study

By

M.A. Byaruhanga Kadodooba, B.Ed, M.Ed.
Kenyatta University
Department of Physical Education, Leisure and Sports Science

ABSTRACT

This paper examines results of a preliminary study undertaken at Kenyatta University, into the practice of physical education and sports in primary and secondary schools in Kenya and Uganda. The paper focuses on the physical education curriculum, resources and resource mobilization for physical education in sports, and the organization of sports programmes as common elements of the schools’ educational programmes. The paper describes and compares the current common practices in physical education and sports in the two national education systems within Eastern Africa. Scientific reasons are sought to explain the differences in practice in terms of the varying social, educational, political and economic environments of Kenya and Uganda.

Key Words: Physical Education, Sports, Curriculum, Syllabus, time table, resources and resource mobilization, national educational system, primary school, secondary school.