Insights into the Family Setting as a Centre for Leisure and Recreation Service Delivery
Warutere C.M.¹
Peter Mwangi Wanderi²
Andanje Mwisukha³

Community leisure and recreation provision has been the main focus of many recreation providers in many countries of the world. The leisure and recreation service providers view community centred leisure and recreation programmes as ideal. Unfortunately, there are so many dangers associated with leisure and recreation participation away from home the risks involved in people’s participation in leisure and recreation outside their home make the family setting ideal for similar activities and experiences. The present paper therefore highlights the dangers that may be associated with leisure and recreation activities that are conducted away from peoples’ homes, and emphasizes on the family setting as an important center for leisure and recreation activities.

Key Words: Leisure, Recreation, Community, Family Setting.