

SPORT FACILITIES AND EQUIPMENT IN PRIMARY SCHOOLS IN KENYA

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ABSTRACT

The availability of sporting facilities and equipment greatly influences the choice and eventually involvement of the learners in sporting activities. This study aimed at finding out the number of facilities, the type of sports and the general level of adequacy of the equipment for the various sports codes in Kenyan schools using the central province as the reference point. A questionnaire sought information pertaining to their age, teaching and coaching experience, number of pupils in school, the sports codes, the number of facilities and the adequacy of equipment for the various sports disciplines. Preliminary findings indicate that: the pupils are keenly interested in sporting activities, the widely played sports disciplines include soccer, netball, volleyball, athletics, and handball, which is catching up quickly. These same sports are the ones with the necessary facilities and equipment. Given the narrow range of sports facilities and disciplines, it is recommended that efforts be made to diversify them so as to include other sports such as hockey, basketball and rounders if learners are to be properly exposed.

Key words: Sports facilities, equipment, sports code, diversification, school children.